



30. Abend-Berg-Lauf  
Friedrichroda / 02.05.2014

Detailed evaluation

Becker, Ingetraud

Club: Rüdigershagen  
Number: 455

Course: 13.20 km  
Berglauf lang

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:20:17

Speed: 9.72 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 83 (of 95)  
Rank in course/Women: 15 (of 19)  
Best time in course: 1:02:06

Rank in category: 2(of 3)  
Best time in the category: 1:17:54