



30. Abend-Berg-Lauf  
Friedrichroda / 02.05.2014

Detailed evaluation

**Pfestloff, Steffen**

Club: Leinatal  
Number: 438

Course: 13.20 km  
Berglauf lang

Category:  
Männer (20-29 Jahre)

Total time: 1:22:19

Speed: 9.48 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 88 (of 95)

Rank in course/Men: 71 (of 76)

Best time in course: 51:22

Rank in category: 5(of 5)

Best time in the category: 54:36