



30. Abend-Berg-Lauf
Friedrichroda / 02.05.2014

Detailed evaluation

Wozasek, Ingrid

Club: Triathlon Friedrichroda
Number: 476

Course: 13.20 km
Berglauf lang

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:23:59

Speed: 9.43 km/h
Running performance: 6:22 min/km

Rank in course/Total: 90 (of 95)
Rank in course/Women: 17 (of 19)
Best time in course: 1:02:06

Rank in category: 3(of 3)
Best time in the category: 1:17:54