



30. Abend-Berg-Lauf  
Friedrichroda / 02.05.2014

Detailed evaluation

Schneider, Detlef

Club: LG Friedrichroda  
Number: 368

Course: 6.90 km  
Berglauf kurz

Category:  
Senioren M50 (50-54 Jahre)

Total time: 33:37

Speed: 10.71 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 19 (of 76)

Rank in course/Men: 16 (of 54)

Best time in course: 26:24

Rank in category: 4(of 7)

Best time in the category: 30:04