



30. Abend-Berg-Lauf  
Friedrichroda / 02.05.2014

Detailed evaluation

Albrecht, Katrin

Club: Sportteam Steinbach  
Number: 331

Course: 6.90 km  
Berglauf kurz

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 35:08

Speed: 10.25 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 27 (of 76)  
Rank in course/Women: 6 (of 22)  
Best time in course: 31:07

Rank in category: 3(of 6)  
Best time in the category: 31:07