



30. Abend-Berg-Lauf  
Friedrichroda / 02.05.2014

Detailed evaluation

Schönborn, Frank

Club: Lauffreunde Gotha  
Number: 314

Course: 6.90 km  
Berglauf kurz

Category:  
Senioren M40 (40-44 Jahre)

Total time: 27:06

Speed: 13.28 km/h  
Running performance: 3:56 min/km

Rank in course/Total: 4 (of 76)

Rank in course/Men: 4 (of 54)

Best time in course: 26:24

Rank in category: 1(of 2)

Best time in the category: 27:06