



30. Abend-Berg-Lauf
Friedrichroda / 02.05.2014

Detailed evaluation

Tuma, Gabi

Club: Winterstein
Number: 359

Course: 6.90 km
Berglauf kurz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 38:02

Speed: 9.47 km/h
Running performance: 5:31 min/km

Rank in course/Total: 43 (of 76)
Rank in course/Women: 9 (of 22)
Best time in course: 31:07

Rank in category: 4(of 6)
Best time in the category: 31:07