



30. Abend-Berg-Lauf
Friedrichroda / 02.05.2014

Detailed evaluation

Gentzel, Philipp

Club: Erfurter LAC

Number: 309

Course: 6.90 km

Berglauf kurz

Category:

Männer (20-29 Jahre)

Total time: 28:35

Speed: 12.59 km/h

Running performance: 4:08 min/km

Rank in course/Total: 5 (of 76)

Rank in course/Men: 5 (of 54)

Best time in course: 26:24

Rank in category: 2(of 10)

Best time in the category: 26:50