



30. Abend-Berg-Lauf
Friedrichroda / 02.05.2014

Detailed evaluation

Walch, Fredy

Club: Rhöner WSV
Number: 318

Course: 6.90 km
Berglauf kurz

Category:
Senioren M50 (50-54 Jahre)

Total time: 30:04

Speed: 11.97 km/h
Running performance: 4:22 min/km

Rank in course/Total: 6 (of 76)

Rank in course/Men: 6 (of 54)

Best time in course: 26:24

Rank in category: 1(of 7)

Best time in the category: 30:04