



30. Abend-Berg-Lauf  
Friedrichroda / 02.05.2014

Detailed evaluation

Seiffert, Katharina

Club: Tabarzer SV 1887 e.v.  
Number: 329

Course: 6.90 km  
Berglauf kurz

Category:  
Frauen (20-29 Jahre)

Total time: 41:31

Speed: 8.67 km/h  
Running performance: 6:01 min/km

Rank in course/Total: 61 (of 76)  
Rank in course/Women: 16 (of 22)  
Best time in course: 31:07

Rank in category: 3(of 3)  
Best time in the category: 38:33