



30. Abend-Berg-Lauf
Friedrichroda / 02.05.2014

Detailed evaluation

Engelhardt, Herfried

Club: Lengfeld
Number: 364

Course: 6.90 km
Berglauf kurz

Category:
Senioren M60 (60-64 Jahre)

Total time: 42:52

Speed: 8.40 km/h
Running performance: 6:13 min/km

Rank in course/Total: 64 (of 76)

Rank in course/Men: 47 (of 54)

Best time in course: 26:24

Rank in category: 3(of 4)

Best time in the category: 38:25