



30. Abend-Berg-Lauf  
Friedrichroda / 02.05.2014

Detailed evaluation

Winges, Ulrike

Club: Viba Anschütz Team  
Number: 354

Course: 6.90 km  
Berglauf kurz

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 46:33

Speed: 7.73 km/h  
Running performance: 6:45 min/km

Rank in course/Total: 71 (of 76)  
Rank in course/Women: 21 (of 22)  
Best time in course: 31:07

Rank in category: 2(of 2)  
Best time in the category: 45:04