



30. Abend-Berg-Lauf
Friedrichroda / 02.05.2014

Detailed evaluation

Merrbach, Frank

Club: Friedrichroda

Number: 418

Course: 13.20 km

Berglauf lang

Category:

Senioren M30 (30-34 Jahre)

Total time: 51:22

Speed: 15.42 km/h

Running performance: 3:53 min/km

Rank in course/Total: 1 (of 95)

Rank in course/Men: 1 (of 76)

Best time in course: 51:22

Rank in category: 1(of 8)

Best time in the category: 51:22