



30. Abend-Berg-Lauf  
Friedrichroda / 02.05.2014

Detailed evaluation

Hesse, Mathias

Club: Triathlon Friedrichroda  
Number: 429

Course: 13.20 km  
Berglauf lang

Category:  
Männer (20-29 Jahre)

Total time: 54:36

Speed: 14.51 km/h  
Running performance: 4:08 min/km

Rank in course/Total: 3 (of 95)

Rank in course/Men: 3 (of 76)

Best time in course: 51:22

Rank in category: 1(of 5)

Best time in the category: 54:36