



30. Abend-Berg-Lauf
Friedrichroda / 02.05.2014

Detailed evaluation

Kuno, Gerhard

Club: Lauffeuer Fröttstädt
Number: 435

Course: 13.20 km
Berglauf lang

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:03:15

Speed: 12.33 km/h
Running performance: 4:47 min/km

Rank in course/Total: 17 (of 95)

Rank in course/Men: 16 (of 76)

Best time in course: 51:22

Rank in category: 1(of 14)

Best time in the category: 1:03:15