



34. Silberberglauf 2014
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Kahl, Lilith

Club: SV Olympia Neustadt/ Die flinken Gerataler
Number: 328

Course: 19.00 km

Großer Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:45:06

Speed: 10.85 km/h

Running performance: 5:32 min/km

Rank in course/Total: 44 (of 52)

Rank in course/Women: 7 (of 10)

Best time in course: 1:16:44

Rank in category: 2(of 2)

Best time in the category: 1:16:44