



34. Silberberglauf 2014
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Minack, Frank

Club: SV Olympia Neustadt
Number: 347

Course: 19.00 km
Großer Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:45:06

Speed: 10.85 km/h
Running performance: 5:32 min/km

Rank in course/Total: 45 (of 52)

Rank in course/Men: 38 (of 42)

Best time in course: 1:10:35

Rank in category: 9(of 9)

Best time in the category: 1:11:15