



34. Silberberglauf 2014  
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

**Mlinarsky, Michael**

Club: Langewiesen  
Number: 252

Course: 11.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 45:59

Speed: 14.35 km/h  
Running performance: 4:11 min/km

Rank in course/Total: 5 (of 81)

Rank in course/Men: 5 (of 67)

Best time in course: 44:09

Rank in category: 1(of 3)

Best time in the category: 45:59