



34. Silberberglauf 2014  
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Nicolai, Arved

Club: USV Jena  
Number: 261

Course: 11.00 km  
Hauptlauf

Category:  
Männer (20-29 Jahre)

Total time: 51:10

Speed: 12.90 km/h  
Running performance: 4:39 min/km

Rank in course/Total: 25 (of 81)

Rank in course/Men: 24 (of 67)

Best time in course: 44:09

Rank in category: 5(of 8)

Best time in the category: 45:09