



34. Silberberglauf 2014
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Gruner, Birgit

Club: TSV Germania 1887 e.V. Neustadt (Orla)
Number: 214

Course: 11.00 km
Hauptlauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 53:04

Speed: 12.44 km/h
Running performance: 4:49 min/km

Rank in course/Total: 34 (of 81)
Rank in course/Women: 2 (of 14)
Best time in course: 49:50

Rank in category: 1(of 1)
Best time in the category: 53:04