



34. Silberberglauf 2014
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Krannich, Steffen

Club: Altenfeld
Number: 266

Course: 11.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 54:31

Speed: 12.11 km/h
Running performance: 4:58 min/km

Rank in course/Total: 40 (of 81)

Rank in course/Men: 38 (of 67)

Best time in course: 44:09

Rank in category: 3(of 6)

Best time in the category: 45:39