



34. Silberberglauf 2014
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Bärwolf, Silvia

Club: Lauffreud Breitungem
Number: 216

Course: 11.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 54:38

Speed: 12.08 km/h
Running performance: 4:58 min/km

Rank in course/Total: 41 (of 81)
Rank in course/Women: 3 (of 14)
Best time in course: 49:50

Rank in category: 1(of 3)
Best time in the category: 54:38