



34. Silberberglauf 2014  
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

**Bärwolf, Silvia**

Club: Lauffreud Breitungun  
Number: 216

Course: 11.00 km  
Hauptlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 54:38

Speed: 12.08 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 41 (of 81)  
Rank in course/Women: 3 (of 14)  
Best time in course: 49:50

Rank in category: 1(of 3)  
Best time in the category: 54:38