



34. Silberberglauf 2014
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Hermann, Rainer

Club: LAC Rudolstadt
Number: 229

Course: 11.00 km
Hauptlauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:00:26

Speed: 10.92 km/h
Running performance: 5:29 min/km

Rank in course/Total: 57 (of 81)

Rank in course/Men: 48 (of 67)

Best time in course: 44:09

Rank in category: 1(of 3)

Best time in the category: 1:00:26