



34. Silberberglauf 2014
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Krüger, Udo

Club: TechnoTeam
Number: 268

Course: 11.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:03:37

Speed: 10.37 km/h
Running performance: 5:47 min/km

Rank in course/Total: 65 (of 81)

Rank in course/Men: 55 (of 67)

Best time in course: 44:09

Rank in category: 5(of 6)

Best time in the category: 45:39