



34. Silberberglauf 2014  
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Dehmel, Gerhard

Club: ThwV Ilmenau  
Number: 260

Course: 11.00 km  
Hauptlauf

Category:  
Senioren M70 (70-74 Jahre)

Total time: 1:06:52

Speed: 9.87 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 69 (of 81)

Rank in course/Men: 57 (of 67)

Best time in course: 44:09

Rank in category: 2(of 3)

Best time in the category: 1:00:26