



34. Silberberglauf 2014
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Ludwig, Katrin

Club: Ilmenau
Number: 338

Course: 19.00 km
Großer Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:09:00

Speed: 8.84 km/h
Running performance: 6:47 min/km

Rank in course/Total: 51 (of 52)
Rank in course/Women: 10 (of 10)
Best time in course: 1:16:44

Rank in category: 6(of 6)
Best time in the category: 1:28:15