



34. Silberberglauf 2014  
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

**Keller, René**

Club: FSV Gräfinau-Angstedt  
Number: 218

Course: 11.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:14:16

Speed: 8.89 km/h  
Running performance: 6:45 min/km

Rank in course/Total: 76 (of 81)

Rank in course/Men: 62 (of 67)

Best time in course: 44:09

Rank in category: 6(of 6)

Best time in the category: 45:39