



34. Silberberglauf 2014  
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Ludwig, Eckhard

Club: Bad Berka

Number: 331

Course: 19.00 km

Großer Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:17:57

Speed: 8.26 km/h

Running performance: 7:16 min/km

Rank in course/Total: 52 (of 52)

Rank in course/Men: 42 (of 42)

Best time in course: 1:10:35

Rank in category: 2(of 2)

Best time in the category: 1:39:46