



34. Silberberglauf 2014
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Tobias, Henkel

Number: 316

Course: 19.00 km
Großer Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:13:15

Speed: 15.56 km/h

Running performance: 3:52 min/km

Rank in course/Total: 4 (of 52)

Rank in course/Men: 4 (of 42)

Best time in course: 1:10:35

Rank in category: 2(of 9)

Best time in the category: 1:11:15