



34. Silberberglauf 2014  
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Jaeger, Frank

Club: SV Sömmerda e.V.  
Number: 315

Course: 19.00 km  
Großer Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:16:54

Speed: 14.82 km/h  
Running performance: 4:03 min/km

Rank in course/Total: 10 (of 52)

Rank in course/Men: 9 (of 42)

Best time in course: 1:10:35

Rank in category: 2(of 6)

Best time in the category: 1:10:35