



34. Silberberglauf 2014  
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Völlger, Manuela

Club: Ilmenau  
Number: 5

Course: 5.00 km  
Schnupperlauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 34:50

Speed: 8.61 km/h  
Running performance: 6:58 min/km

Rank in course/Total: 30 (of 41)  
Rank in course/Women: 17 (of 23)  
Best time in course: 27:15

Rank in category: 2(of 3)  
Best time in the category: 34:27