



34. Silberberglauf 2014
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Sitzmann, Heinz

Club: TV Bad Brückenau
Number: 12

Course: 5.00 km
Schnupperlauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 38:04

Speed: 7.88 km/h
Running performance: 7:37 min/km

Rank in course/Total: 38 (of 41)

Rank in course/Men: 17 (of 18)

Best time in course: 22:36

Rank in category: 1(of 1)

Best time in the category: 38:04