



34. Silberberglauf 2014
Möhrenbach/ Thüringen / 03.05.2014

Detailed evaluation

Michalk, Bernhard

Club: Rudolstadt

Number: 321

Course: 19.00 km

Großer Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:27:58

Speed: 12.96 km/h

Running performance: 4:38 min/km

Rank in course/Total: 25 (of 52)

Rank in course/Men: 24 (of 42)

Best time in course: 1:10:35

Rank in category: 4(of 6)

Best time in the category: 1:10:35