



16. Slusialauf  
Schleusingen / 04.05.2014

Detailed evaluation

Fratzscher, Uwe

Club: Scdhleusingen  
Number: 159

Course: 14.10 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:06:11

Speed: 12.69 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 17 (of 55)

Rank in course/Men: 15 (of 39)

Best time in course: 52:46

Rank in category: 2(of 3)

Best time in the category: 1:02:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Waldhaus	1.20	5:00	4:10	2	0:07	14	0:36	1.20	5:00	4:10	2	0:07	35	
Dreiherrenstein	2.60	15:14	5:51	2	1:01	15	2:57	3.80	20:14	5:19	2	1:08	35	
Finish	10.30	45:57	4:27	3	2:27	16	9:52	14.10	1:06:11	4:41	2	3:35	15	13:25