



16. Slusialauf  
Schleusingen / 04.05.2014

Detailed evaluation

Freimuth, Christian

Club: LG Naked Woodrunners  
Number: 214

Course: 14.10 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:09:41

Speed: 12.05 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 27 (of 55)

Rank in course/Men: 24 (of 39)

Best time in course: 52:46

Rank in category: 4(of 7)

Best time in the category: 57:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Waldhaus	1.20	5:35	4:39	4	1:07	27	1:11	1.20	5:35	4:39	4	1:07	5	
Dreiherrenstein	2.60	15:52	6:06	5	2:36	24	3:35	3.80	21:27	5:38	5	3:43	6	
Finish	10.30	48:14	4:40	4	8:15	23	12:09	14.10	1:09:41	4:56	4	11:58	24	16:55