



16. Slusialauf  
Schleusingen / 04.05.2014

Detailed evaluation

Kramer, Bärbel

Club: TSV 1860 Römhild  
Number: 37

Course: 14.10 km  
Hauptlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 1:10:49

Speed: 11.86 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 31 (of 55)  
Rank in course/Women: 4 (of 16)  
Best time in course: 1:03:42

Rank in category: 2 (of 5)  
Best time in the category: 1:09:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Waldhaus	1.20	5:27	4:32	1	-	5	0:34	1.20	5:27	4:32	2		4	0:33
Dreiherrnstein	2.60	16:06	6:11	1	-	4	1:37	3.80	21:33	5:40	2		4	1:40
Finish	10.30	49:16	4:46	2	1:46	4	5:27	14.10	1:10:49	5:01	2	0:59	4	7:07