



16. Slusialauf
Schleusingen / 04.05.2014

Detailed evaluation

Ansorg, Doris

Club: TSV Römhild
Number: 20

Course: 14.10 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:14:42

Speed: 11.24 km/h
Running performance: 5:18 min/km

Rank in course/Total: 35 (of 55)
Rank in course/Women: 7 (of 16)
Best time in course: 1:03:42

Rank in category: 3(of 5)
Best time in the category: 1:09:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Waldhaus	1.20	5:32	4:36	2	0:05	6	0:39	1.20	5:32	4:36	3		7	0:38
Dreiherrenstein	2.60	16:59	6:31	3	0:53	7	2:30	3.80	22:31	5:55	3	0:11	7	2:38
Finish	10.30	52:11	5:03	3	4:41	7	8:22	14.10	1:14:42	5:17	3	4:52	7	11:00