



16. Slusialauf
Schleusingen / 04.05.2014

Detailed evaluation

Göhring, Torsten

Club: TSV 1860 Römhild
Number: 30

Course: 14.10 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:14:47

Speed: 11.23 km/h
Running performance: 5:18 min/km

Rank in course/Total: 36 (of 55)

Rank in course/Men: 29 (of 39)

Best time in course: 52:46

Rank in category: 6(of 7)

Best time in the category: 1:03:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Waldhaus	1.20	5:33	4:37	6	0:39	26	1:09	1.20	5:33	4:37	6	0:39	10		
Dreiherrnstein	2.60	17:07	6:34	6	2:34	30	4:50	3.80	22:40	5:57	6	2:55	10		
Finish	10.30	52:07	5:03	6	8:15	30	16:02	14.10	1:14:47	5:18	6	11:10	29	22:01	