



16. Slusialauf
Schleusingen / 04.05.2014

Detailed evaluation

Stade, Sven

Club: Suhl
Number: 180

Course: 14.10 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:15:07

Speed: 11.26 km/h
Running performance: 5:20 min/km

Rank in course/Total: 37 (of 55)

Rank in course/Men: 30 (of 39)

Best time in course: 52:46

Rank in category: 6(of 7)

Best time in the category: 57:43

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Waldhaus	1.20	5:44	4:46	6	1:16	30	1:20	1.20	5:44	4:46	6	1:16	1	-
Dreiherrenstein	2.60	17:31	6:44	6	4:15	32	5:14	3.80	23:15	6:07	6	5:31	1	-
Finish	10.30	51:52	5:02	6	11:53	29	15:47	14.10	1:15:07	5:19	6	17:24	30	22:21