



16. Slusialauf  
Schleusingen / 04.05.2014

Detailed evaluation

Hesse, Bernd

Club: Schleusingen  
Number: 33

Course: 14.10 km  
Hauptlauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:18:22

Speed: 10.72 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 42 (of 55)

Rank in course/Men: 35 (of 39)

Best time in course: 52:46

Rank in category: 2(of 2)

Best time in the category: 1:14:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Waldhaus	1.20	6:00	5:00	2	0:15	34	1:36	1.20	6:00	5:00	2	0:15	16	0:16
Dreiherrenstein	2.60	17:49	6:51	2	0:47	34	5:32	3.80	23:49	6:16	2	1:02	16	0:34
Finish	10.30	54:33	5:17	2	3:18	35	18:28	14.10	1:18:22	5:33	2	4:20	35	25:36