



16. Slusialauf
Schleusingen / 04.05.2014

Detailed evaluation

Kühner, Kathrin

Club: SCHLOAMKÜH
Number: 40

Course: 14.10 km
Hauptlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:21:28

Speed: 10.31 km/h
Running performance: 5:47 min/km

Rank in course/Total: 44 (of 55)
Rank in course/Women: 8 (of 16)
Best time in course: 1:03:42

Rank in category: 2(of 2)
Best time in the category: 1:05:19

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Waldhaus	1.20	6:31	5:25	2	1:38	8	1:38	1.20	6:31	5:25	2	1:38	8	1:37
Dreiherrenstein	2.60	18:42	7:11	2	4:13	8	4:13	3.80	25:13	6:38	2	5:51	8	5:20
Finish	10.30	56:15	5:27	2	10:18	8	12:26	14.10	1:21:28	5:46	2	16:09	8	17:46