



16. Slusialauf
Schleusingen / 04.05.2014

Detailed evaluation

Krempe, Jacqueline

Club: Das Erlebnislaf-Team
Number: 38

Course: 14.10 km
Hauptlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:23:25

Speed: 10.07 km/h
Running performance: 5:55 min/km

Rank in course/Total: 45 (of 55)
Rank in course/Women: 9 (of 16)
Best time in course: 1:03:42

Rank in category: 4(of 5)
Best time in the category: 1:09:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Waldhaus	1.20	7:10	5:58	4	1:43	11	2:17	1.20	7:10	5:58	4	1:36	9	2:16
Dreiherrenstein	2.60	19:37	7:32	4	3:31	9	5:08	3.80	26:47	7:02	4	4:27	9	6:54
Finish	10.30	56:38	5:29	4	9:08	9	12:49	14.10	1:23:25	5:54	4	13:35	9	19:43