



16. Slusialauf
Schleusingen / 04.05.2014

Detailed evaluation

Neidhardt, Nadine

Club: Rennsteiglaufverein
Number: 190

Course: 14.10 km
Hauptlauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:35:10

Speed: 8.83 km/h
Running performance: 6:45 min/km

Rank in course/Total: 53 (of 55)
Rank in course/Women: 13 (of 16)
Best time in course: 1:03:42

Rank in category: 2(of 2)
Best time in the category: 1:03:42

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Waldhaus | 1.20 | 7:10 | 5:58 | 2 | 2:16 | 11 | 2:17 | 1.20 | 7:10 | 5:58 | 2 | 2:16 | 9 | 2:16 |
| Dreiherrenstein | 2.60 | 21:23 | 8:13 | 2 | 6:24 | 14 | 6:54 | 3.80 | 28:33 | 7:30 | 2 | 8:40 | 13 | 8:40 |
| Finish | 10.30 | 1:06:37 | 6:28 | 2 | 22:48 | 13 | 22:48 | 14.10 | 1:35:10 | 6:44 | 2 | 31:28 | 13 | 31:28 |