



16. Slusialauf
Schleusingen / 04.05.2014

Detailed evaluation

Neidhardt, Nadine

Club: Rennsteiglaufverein
Number: 190

Course: 14.10 km
Hauptlauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:35:10

Speed: 8.83 km/h
Running performance: 6:45 min/km

Rank in course/Total: 53 (of 55)
Rank in course/Women: 13 (of 16)
Best time in course: 1:03:42

Rank in category: 2(of 2)
Best time in the category: 1:03:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Waldhaus	1.20	7:10	5:58	2	2:16	11	2:17	1.20	7:10	5:58	2	2:16	9	2:16
Dreiherrenstein	2.60	21:23	8:13	2	6:24	14	6:54	3.80	28:33	7:30	2	8:40	13	8:40
Finish	10.30	1:06:37	6:28	2	22:48	13	22:48	14.10	1:35:10	6:44	2	31:28	13	31:28