



16. Slusialauf
Schleusingen / 04.05.2014

Detailed evaluation

Striebe, Michael

Club: Eisfeld
Number: 144

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:45:54

Speed: 11.90 km/h
Running performance: 5:01 min/km

Rank in course/Total: 11 (of 26)

Rank in course/Men: 11 (of 23)

Best time in course: 1:31:56

Rank in category: 1(of 2)

Best time in the category: 1:45:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Waldhaus	1.20	5:26	4:31	1	-	9	0:49	1.20	5:26	4:31	1	-	1	-
Dreiherrnstein	2.60	15:57	6:08	1	-	11	2:23	3.80	21:23	5:37	1	-	1	-
Eiserne Hand	10.20	53:39	5:15	1	-	9	7:57	14.00	1:15:02	5:21	1	-	13	
Finish	7.10	30:52	4:20	1	-	9	3:17	21.10	1:45:54	5:01	1	-	11	13:58