# 16. Slusialauf
Schleusingen / 04.05.2014

## Detailed evaluation

## Vater, Christian

Club: Rennsteiglaufverein
Number: 216

Course: 14.10 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:02:04

Speed: 13.63 km/h
Running performance: 4:24 min/km

Rank in course/Total: 7 (of 55)

Rank in course/Men: 7 (of 39)

Best time in course: 52:46

Rank in category: 3(of 7)

Best time in the category: 57:43

Intermediate times

| | Stage score | | | | | | | Total ranking | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Waldhaus | 1.20 | 4:53 | 4:04 | 3 | 0:25 | 9 | 0:29 | 1.20 | 4:53 | 4:04 | 3 | 0:25 | 27 | |
| Dreiherrenstein | 2.60 | 14:02 | 5:23 | 3 | 0:46 | 7 | 1:45 | 3.80 | 18:55 | 4:58 | 3 | 1:11 | 27 | |
| Finish | 10.30 | 43:09 | 4:11 | 3 | 3:10 | 7 | 7:04 | 14.10 | 1:02:04 | 4:24 | 3 | 4:21 | 7 | 9:18 |