



16. Slusialauf
Schleusingen / 04.05.2014

Detailed evaluation

Koch, Oliver

Club: SV Edelweis Crock
Number: 218

Course: 14.10 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 1:02:14

Speed: 13.50 km/h
Running performance: 4:25 min/km

Rank in course/Total: 8 (of 55)

Rank in course/Men: 8 (of 39)

Best time in course: 52:46

Rank in category: 3(of 4)

Best time in the category: 59:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking				
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Waldhaus	1.20	4:30	3:45	4	0:06	8	0:06	1.20	4:30	3:45	3	0:06	28		
Dreiherrnstein	2.60	14:31	5:34	3	1:23	9	2:14	3.80	19:01	5:00	3	1:29	28		
Finish	10.30	43:13	4:11	3	1:34	8	7:08	14.10	1:02:14	4:24	3	3:03	8	9:28	