



16. Slusialauf
Schleusingen / 04.05.2014

Detailed evaluation

Gehler, Michael

Club: Hainaer SV
Number: 28

Course: 14.10 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:03:37

Speed: 13.20 km/h
Running performance: 4:31 min/km

Rank in course/Total: 10 (of 55)

Rank in course/Men: 10 (of 39)

Best time in course: 52:46

Rank in category: 1(of 7)

Best time in the category: 1:03:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Waldhaus	1.20	4:54	4:05	1	-	12	0:30	1.20	4:54	4:05	1	-	30	
Dreiherrenstein	2.60	14:51	5:42	2	0:18	13	2:34	3.80	19:45	5:11	1	-	30	
Finish	10.30	43:52	4:15	1	-	10	7:47	14.10	1:03:37	4:30	1	-	10	10:51