



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Pirl, Andreas

Club: Leichlingen

Number: 210

Course: 101.00 km

101 km Lauf

Category:

Senioren M35

Total time: 11:54:45

Speed: 8.48 km/h

Running performance: 7:05 min/km

Rank in course/Total: 33 (of 98)

Rank in course/Men: 27 (of 84)

Best time in course: 8:25:02

Rank in category: 4(of 7)

Best time in the category: 11:27:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	2:08:16	6:34	4	14:17	30	38:51	19.50	2:08:16	6:34	4	2:32	80	
Kühude	20.50	2:11:13	6:24	3	3:13	26	35:34	40.00	4:19:29	6:29	4	1:15	79	
Rhein-Weser-Tur	17.00	1:53:11	6:39	2	2:36	21	40:26	57.00	6:12:40	6:32	4	3:51	79	
Kühude	17.00	2:11:27	7:43	4	12:40	31	44:16	74.00	8:24:07	6:48	4	11:41	80	
Nasse Wiese	20.50	2:48:42	8:13	4	13:10	32	53:43	94.50	11:12:49	7:07	4	24:51	76	
Finish	6.50	41:56	6:27	4	4:17	29	13:39	101.00	11:54:45	7:04	4	26:51	27	3:29:43