



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Leitmann, Stefan

Club: Hannover

Number: 192

Course: 101.00 km

101 km Lauf

Category:

Senioren M40

Total time: 11:56:02

Speed: 8.46 km/h

Running performance: 7:05 min/km

Rank in course/Total: 34 (of 98)

Rank in course/Men: 28 (of 84)

Best time in course: 8:25:02

Rank in category: 6(of 13)

Best time in the category: 8:45:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Nasse Wiese	19.50	1:51:35	5:43	3	9:20	9	22:10	19.50	1:51:35	5:43	6	9:20	79	
Kühude	20.50	2:02:29	5:58	5	17:10	14	26:50	40.00	3:54:04	5:51	6	26:30	78	
Rhein-Weser-Tur	17.00	2:01:17	7:08	6	37:20	33	48:32	57.00	5:55:21	6:14	6	1:03:50	78	
Kühude	17.00	2:17:43	8:06	7	50:32	38	50:32	74.00	8:13:04	6:39	6	1:54:22	79	
Nasse Wiese	20.50	3:01:39	8:51	9	1:03:36	46	1:06:40	94.50	11:14:43	7:08	6	2:57:58	75	
Finish	6.50	41:19	6:21	4	13:02	27	13:02	101.00	11:56:02	7:05	6	3:11:00	28	3:31:00