



8. Bödefelder Hollenlauf, 10. Bödefelder Hollenmarsch

Bödefeld / 09.05.2014-10.05.2014

Detailed evaluation

Kortyka, Sara

Club: 100 Marathon Club

Number: 303

Course: 67.00 km

67 km Lauf

Category:

Frauen

Total time: 12:05:13

Speed: 5.54 km/h

Running performance: 10:49 min/km

Rank in course/Total: 79 (of 80)

Rank in course/Women: 20 (of 20)

Best time in course: 5:43:06

Rank in category: 2(of 2)

Best time in the category: 6:00:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Nasse Wiese	19.50	3:20:02	10:15	2	1:35:21	19	1:37:44	19.50	3:20:02	10:15	2	1:35:21	2	59:24
Kühude	20.50	3:38:33	10:39	2	1:49:57	19	1:53:21	40.00	6:58:35	10:27	2	3:25:18	2	2:19:00
Nasse Wiese	20.50	3:49:33	11:11	2	1:51:59	20	2:02:10	60.50	10:48:08	10:42	2	5:17:17	2	3:35:54
Finish	6.50	1:17:05	11:51	2	47:56	20	48:52	67.00	12:05:13	10:49	2	6:05:13	20	6:22:07